

Karlene is an advocate for living an authentic life. Her mission is to create a legacy from inspiring others to shake off mediocrity and embrace their God-given potential and dominate in their area of gifting, to leave a lasting impact of progressive change, growth and success in the lives of others.

Karlene faced a defining moment when she was let go from her 20 year IT career. She resolved that it would be the last time someone else made a decision for her life without her permission. She took the bull by the horns and decided to pursue her passion intentionally.. Within a year and a half, she redefined herself from a corporate employee to building a thriving business where she provides personal development and business education for aspiring and established entrepreneurs and leaders.

As Founder and CEO of Karlene Millwood International, she helps her clients overcome the hurdles to take their business from idea to production by boosting their confidence and helping them to strategize a clear vision.

Karlene is a well-rounded leader, having previously managed corporate teams, co-chaired the Women's Internal Support Network (WISN) at the Toronto Police Service for two years, led the women's ministry at her church and led various community initiatives.

This inspirational leader was featured on Power 106 FM radio in Jamaica and received an Award of Recognition in 2013 from the Kendal All-Age School on that island, for establishing a scholarship for children transitioning to high school. In addition, Karlene was also a 2014 nominee for the Ontario Women in Law Enforcement (OWLE) Community Service Award for her work in arts and entertainment. She was also selected in 2016 and 2017 to be among the Top 150 nominees to receive a Black Canadian (Business) Award. Karlene is the recipient of the 2020 IWB Leadership award and Universal Women's Network 2020 Women of Inspiration inductee.

Karlene independently authored four books, collaborated on another two and created several courses focused on Leadership, Entrepreneurship, and Creative Writing. As a playwright and filmmaker, she wrote, directed and produced her first play, *Forgiven*, in 2014 and completed writing her second play, *Diamond Life*, in 2018. Karlene co-produced a short film, *Princess Lamp*, in Vancouver in 2016, and her second, *When Destiny Calls*, which she also wrote and directed, in Toronto in 2017.

Karlene holds an undergrad in Computer Science from Dawson College, a Master of Business Administration (MBA) from the University of Liverpool in the United Kingdom (UK) and a Diploma for Writing For Film and Television from the Vancouver Film

She passionately continues to empower others to live their best life.